

Personal Development Plan (developmental objective setting):

What do I need to develop?	What do I need to do?	How will I measure my development (evidence)	How will I overcome potential barriers and seek support	Timeframe
<p><u>EXAMPLE:</u> Demonstrate respect for members of the MDT.</p> <p><u>OWN EXAMPLE:</u></p>	<p><u>EXAMPLE:</u> <i>Actively</i> observe and chair a minimum of two MDT meetings.</p> <p><u>OWN EXAMPLE:</u></p>	<p><u>EXAMPLE:</u> Write a reflective account for each meeting and seek formal feedback from supervisor and MTD (Mini-CEX, MSF).</p> <p><u>OWN EXAMPLE</u></p>	<p><u>EXAMPLE:</u> Next 3 M&M meetings to be scheduled in line with rota and duty Consultant to be informed.</p> <p><u>OWN EXAMPLE:</u></p>	<p><u>EXAMPLE:</u> One week before end of attachment.</p> <p><u>OWN EXAMPLE:</u></p>

Today's Date:

Date of next meeting:

Trainee signature:

Supervisor signature: